

CLAIMS

1. A liquid edible composition with a pH of more than 6, a viscosity below 600 mPas at a shear rate of 100s^{-1} and 20°C , and a viscosity of at least 125% of the aforementioned

viscosity at a pH below 5 and a temperature of 37°C , the composition comprising:

- a. at least 0.05 wt.% of pectin having a degree of methoxylation between 2 and 50 and/or of alginate;
- b. at least 5 mg calcium per 100 ml; and
- c. at least 0.1 wt. % indigestible oligosaccharide having a degree of polymerisation between 2 and 60.

2. A composition according to claim 1, comprising between 0.4 and 5 wt.% pectin having a degree of methoxylation between 5% and 45%.

3. A composition according to claim 1, wherein the oligosaccharide is capable of increasing total cecal SCFA content by at least 50%.

4. A composition according to claim 1, wherein the calcium is provided by a calcium salt which has a solubility below 0.10 grams per 100 ml (demineralized) water at pH 7 and 20°C .

5. A composition according to claim 1, comprising between 0.1 and 10 wt.% indigestible oligosaccharide having a degree of polymerisation between 2 and 40.

6. A composition according to claim 1, comprising between 0.1 and 10 grams calcium per 100 ml.

7. A composition according to claim 1, wherein the composition is sterilized or pasteurized and/or contains added flavoring.

8. A composition according to claim 1, wherein the oligosaccharide is selected from the group consisting of fructans, fructooligosaccharides, indigestible dextrins galactooligosaccharides, xylooligosaccharides, soybean oligosaccharides, arabinooligosaccharides and mixtures thereof.

9. A composition according to claim 1, wherein the calcium salt is selected from the group consisting of calcium phosphate, calcium carbonate, calcium sulfate, calcium oxide, calcium citrate, a calcium salt coated with a substance which has limited solubility in water at pH 7 and which is soluble at a pH below 5 and mixtures thereof.

10. A composition according to claim 1, comprising between 50 and 98 wt.% water.

11. A composition according to claim 1, comprising between 1 and 25 grams protein per 100 ml.

12. A composition according to claim 1, comprising between 0.2 and 10 wt.% fat.

13. A packaged beverage product comprising between 50 and 1000 ml of a composition according to claim 1.

14. A method for the treatment or prevention of overweight or obesity in mammals, said method comprising the enteral administration to a mammal of an effective amount of a composition according to claim 1.